



## DYMPHNA SAN DIEGO TMS, INC.

**NEUROLOGIST, PSYCHOLOGIST,  
PSYCHIATRIST, TELEMEDICINE**

Personal Injury     Worker's Compensation



## ABOUT

374 H Street, Suite 201,  
Chula Vista, CA 91910  
**(858) 299-2648**

DYMPHNA San Diego TMS, Inc. is a Board-Certified Adult Psychiatry and Neurology plus Board Certified Internal Medicine clinic. They are dedicated to providing compassionate care and the most comprehensive psychiatric treatments under one roof including medication and therapies.

Their talented team of physicians are board-certified in pain medicine, neurology, psychiatry and psychology. They work collaboratively with providers inside and outside the clinic to diagnose and treat patients suffering from a variety of conditions including:

- Major Depressive Disorder
- PTSD
- Anxiety
- ADHD
- Dementia
- Memory Loss
- Neuropathy
- Headaches and Migraines
- Carpal Tunnel Syndrome
- Parkinson's Disease
- OCD

**Dymphna TMS also offers Transcranial Magnetic Stimulation (TMS) Therapy which represents the next generation of non-invasive treatment.**

### Meet Their Team of Providers

Benjamin Gross, MD  
Neurology

Markus Ploesser, MD  
Psychiatrist

Rizalina Albano, NP  
Psychiatry

Rani Barba, NP  
Neurology

Ana Pacis, NP  
Psychiatry

Marilou Cabusao, NP  
Psychiatry

Thomas Mckinlay, PhD  
Psychology

Udoh, Ekaete, PA  
Psychiatry

Jay Timacdog, NP  
Psychiatry

Paulette Pugh, LMFT  
Psychotherapy

Sandee San Mateo, NP  
Psychiatry

## HOURS OF OPERATION

- Monday - Friday  
8:30AM - 5:30PM

## LANGUAGES SPOKEN

- English, Spanish, Tagalog

